



## CONNECTICUT RESOURCE GUIDE

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### COUNSELING AND OTHER SUPPORT SERVICES

#### **The Center for Sexual Assault Crisis Counseling and Education**

700 Canal Street, Suite 22B  
Stamford, Connecticut 06902  
Office: (203) 348-9346  
Office Hours: Monday-Friday, 8am-6pm EST  
Local Hotline: (203) 329-2929  
Toll-free Hotline: (888) 999-5545  
Línea de Ayuda Gratuita en Español: (888) 568-8332  
Hotline Hours: 24 hours  
Accept collect calls: Yes, on the office line  
Website: [www.thecenter-ct.org](http://www.thecenter-ct.org)  
Email: [info@thecenter-ct.org](mailto:info@thecenter-ct.org)

The Center for Sexual Assault Crisis Counseling and Education (formerly the Sexual Assault Crisis and Education Center) provides free and confidential support services for anyone who has been affected by sexual violence.

**Service area:** Lower Fairfield County, which includes the towns of Darien, Greenwich, New Canaan, Norwalk, Stamford, Westport, Weston, and Wilton

**Work with:** Men, women, and children who have been affected by any form of sexual violence

**Services for survivors during incarceration include:** Crisis intervention and information via the 24-hour hotline or by mail; hospital accompaniment during forensic medical exams; and counseling by phone or by mail.

**Services for survivors after release include:** All of the above, as well as individual short-term counseling; support groups for women and men survivors; 24-hour personal accompaniment and advocacy at local hospitals and police stations; preparation, accompaniment, and advocacy through the court process for survivors who chose to report; and information and referrals.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** The Center will provide immediate crisis intervention to any survivor who contacts them. For survivors convicted of sex crimes, The Center will provide appropriate referrals for ongoing support services. Spanish speaking staff are available. *Se habla Español.*

**The Center for Women and Families of Eastern Fairfield County, Inc.**

753 Fairfield Avenue  
Bridgeport, CT 06604  
Office: (203) 334-6154  
Office Hours: Monday- Friday, 8:30am-5pm EST  
Hotline: (203) 333-2233  
Hotline Hours: 24 hours  
Accept collect calls: No  
Website: [www.cwfefc.org](http://www.cwfefc.org)

The Center for Women and Families of Eastern Fairfield County provides comprehensive services for survivors of sexual assault and their family, friends, and service providers who are impacted by these issues.

**Service area:** Bridgeport, Easton, Fairfield, Monroe, Stratford, and Trumbull Counties

**Work with:** All survivors of sexual assault

**Services for survivors during incarceration include:** Crisis intervention, information, and support by mail or via the 24-hour hotline; and information and referrals.

**Services for survivors after release include:** All of the above, as well as short-term counseling.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** The Center for Women and Families of Eastern Fairfield County operates the Women of C.H.A.N.G.E. program, which provides services to women in the York Correctional Institution who are being released. The goal of this program is to help prepare incarcerated women to deal with life after prison. Women of C.H.A.N.G.E. services include: trauma-sensitive and short-term counseling; interpersonal skills workshops; assistance with job placement and job-skills development; referrals to community agencies such as Literacy Volunteers; job training; and substance abuse treatment.

**Connecticut Sexual Assault Crisis Services, Inc.**

96 Pitkin Street  
East Hartford, CT 06108  
Office/TTY: (860) 282-9881  
Office Hours: Monday-Friday, 9am-5pm EST  
Toll-free Statewide Hotline: (888) 999-5545  
Hotline Hours: 24 hours  
Línea de Ayuda Gratuita En Español: (888) 568-8332  
Horas de la Línea De Ayuda: 24 horas  
Accept collect calls: No  
Website: [www.connsacs.org](http://www.connsacs.org)

Connecticut Sexual Assault Crisis Services, Inc. (CONNSACS) is a statewide coalition of individual sexual assault crisis programs. CONNSACS' mission is to end sexual violence and ensure high quality, comprehensive and culturally competent sexual assault survivor services.

CONNSACS works to end sexual violence through victim assistance, community education, and public policy advocacy.

**Service area:** Connecticut

**Work with:** Rape crisis centers, sexual assault survivors and their loved ones, and community members

**Service for survivors during incarceration include:** Referrals to the nearest sexual assault center via the 24-hour statewide hotline or by mail and a listing of member rape crisis centers throughout Connecticut on the CONNSACS' website.

**Services for survivors after release include:** All of the above.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** No crisis intervention or counseling services are available.

### **Hartford Gay and Lesbian Health Collective**

P.O. Box 2094

Hartford, CT 06145

Office: (860) 278-4163

Office Hours: Monday/Tuesday/Wednesday/Friday, 9am-5pm and Thursday, 9am-9pm EST

Accept collect calls: No

Website: [www.hglhc.org](http://www.hglhc.org)

Email: [info@hglhc.org](mailto:info@hglhc.org)

The Hartford Gay and Lesbian Health collective (HGLHC) provides medical services, support groups, mental health services, and health education. HGLHC programs are tailored to the lesbian, gay, bisexual, and transgender (LGBT) communities, but serve clients of all genders and gender identities, sexual orientations, ages, and ethnicities.

**Service area:** Primarily Hartford, Middlesex, and Tolland Counties, but will serve any client

**Work with:** Anyone, but specialize in services for the LGBT community

**Services for survivors during incarceration include:** Information, referrals, and support to LGBT-friendly support services through the mail and by phone.

**Services for survivors after release include:** STD testing, diagnosis, and treatment; Hepatitis A and B screening and immunization; other medical services, including breast and pelvic exams and a dental clinic; HIV counseling and testing; support groups for men, women, youth, and transgender people; general medical information and referrals; and advocacy services.

**Fees:** Vary. HGLHC requests \$20 for HIV testing and counseling and \$20 for STD testing and counseling, but no one is turned away due to a lack of funds. Information, support groups, and referrals are free.

### **New Haven Gay and Lesbian Community Center**

P.O. Box 8914

New Haven, CT 06532

Office: (202) 387-2252

Office Hours: Evenings

Accept collect calls: No

Website: [www.nhglcc.org](http://www.nhglcc.org)  
Email: [nhglcc@gmail.com](mailto:nhglcc@gmail.com)

The New Haven Gay and Lesbian Community Center (NHGLCC) advocates equality and justice by educating the community about gay, lesbian, bisexual, and transgender (GLBT) issues, and providing a safe and accessible place for all GLBT persons and their allies.

**Service area:** Greater New Haven area

**Work with:** GLBT community and allies

**Services for survivors during incarceration include:** Information and support by mail or by phone.

**Services for survivors after release include:** Through a partnership with the Women and Families Center, NHGLCC offers an advocate for GLBT survivors of sexual abuse, as well as support groups for lesbians, gay men, and transgender survivors. During drop-in hours, a trained sexual assault victim advocate is available to provide supportive information and crisis intervention for LGBT survivors of sexual abuse. Call the Center or visit the website for hours.

**Services for loved ones include:** Information and support.

**Fees:** Free

### **Rape Crisis Center of Milford, Inc.**

70 West River Street

Milford, CT 06460

Office: (203) 874-8712

Office Hours: Monday-Friday, 8:30am-4pm EST

Local Hotline: (203) 878-1212

Hotline Hours: 24 hours

Accept collect calls: No

Website: [www.rapecrisisctr.org](http://www.rapecrisisctr.org)

The Rape Crisis Center of Milford is a non-profit social service agency working to end sexual violence through victim assistance, prevention, education, and public policy advocacy.

**Service area:** Ansonia, Derby, Milford, Orange, Seymour, Shelton, and West Haven

**Work with:** All survivors of sexual abuse and their concerned friends and family members

**Services for survivors during incarceration include:** Confidential crisis counseling via the 24-hour hotline or by mail; personal support and advocacy during the hospital exam following a sexual assault; and information and referrals for longer-term counseling, legal assistance, and medical assistance.

**Services for survivors after release include:** All of the above, as well as confidential short-term counseling, court advocacy, and support groups, when available.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** Male counselors are available to provide services for male survivors, partners, fathers, and other family members.

**Safe Haven of Greater Waterbury, Inc.**

P.O. Box 1503

Waterbury, CT 06721

Office: (203) 575-0388

Office Hours: Monday-Friday, 8:30am-4pm EST

Hotline: (203) 753-3613

Hotline Hours: 24 hours

Accept collect calls: No

Website: [www.safehavengw.org](http://www.safehavengw.org)

Email: [dvoffice@earthlink.net](mailto:dvoffice@earthlink.net)

Safe Haven of Greater Waterbury provides free, confidential services for women, children, and men who have experienced domestic violence and sexual assault, including rape, incest, sexual harassment, or child sexual abuse.

**Service area:** Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Watertown, Wolcott, and Woodbury

**Work with:** Women, children, and men who have experienced domestic violence and sexual assault, including rape, incest, sexual harassment, or child sexual abuse

**Services for survivors during incarceration include:** Crisis counseling for survivors via the 24-hour hotline; accompaniment, support, and advocacy for survivors at St. Mary's and Waterbury Hospitals; and information and support through the mail or by phone.

**Services for survivors after release include:** All of the above, as well as legal advocacy and accompaniment at police stations and courts; individual counseling; and support groups, including a group for male survivors of sexual assault.

**Services for loved ones include:** Crisis counseling for family, friends, and partners via the 24-hour hotline, as well as individual counseling and information and referrals.

**Fees:** Free

**Additional Information:** All services are confidential and available in English, Spanish, and Portuguese. Se ofrecen todos los servicios en inglés, español, y portugués. Todos os serviços são oferecidos em inglês, em espanhol, e o português.

**Sexual Assault Crisis Center of Eastern Connecticut**

90 South Park Street

Willimantic, CT 06226

Office: (860) 456-3595

Office Hours: Monday-Friday, 9am-5pm EST

Toll-free Hotline: (888) 999-5545

Hotline Hours: 24 hours

Accept collect calls: No

Website: [www.saccecc.org](http://www.saccecc.org)

The Sexual Assault Crisis Center of Eastern Connecticut (SACCEC) provides crisis intervention, advocacy, and counseling to survivors of sexual violence and to their friends and family members.

**Service area:** Windham and New London Counties, as well as the towns of Columbia, Coventry, Mansfield, Union, and Willington

**Work with:** Survivors of sexual assault and their concerned family and friends

**Services for survivors during incarceration include:** Crisis intervention, in English and Spanish, via the 24-hour hotline; 24-hour accompaniment to emergency rooms at all four hospitals in Windham and New London Counties to provide information and support in the aftermath of sexual abuse; and referrals for therapy, medical support, and general assistance via mail or by phone.

**Services for survivors after release include:** All of the above, as well as individual counseling and support for survivors, parents, partners, and other family members and friends; legal and judicial advocacy, including accompaniment to police departments; preparation, accompaniment, and advocacy throughout the court process; and support groups.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** Se habla español.

### **Susan B. Anthony Project**

179 Water Street

Torrington, CT 06790

Office: (860) 489-3798

Office Hours: Monday-Friday, 8:30am-4:30pm EST

Hotline: (860) 482-7133

Hotline Hours: 24 hours

Accept collect calls: Yes

Website: [www.sbaproject.org](http://www.sbaproject.org)

Email: [info@sbaproject.org](mailto:info@sbaproject.org)

Susan B. Anthony Project works to promote the autonomy of women and the safety of all survivors of domestic abuse and sexual assault in Northwest Connecticut, as well as to promote community action toward ending domestic violence and sexual abuse.

**Service area:** Twenty towns in Northwestern Connecticut

**Work with:** All survivors of sexual abuse, including women, men, and children

**Services for survivors during incarceration include:** Crisis intervention and support via the 24-hour hotline, by mail, or by email; accompaniment to hospital emergency rooms during sexual assault exams; advocacy and support at police departments and courts; one-on-one supportive counseling in person or by phone; and information and referrals.

**Services for survivors after release include:** All of the above, as well as support groups for survivors of trauma, rape, child sexual assault, and other types of sexual assault.

**Services for loved ones include:** Crisis intervention and support.

**Fees:** Free

**Additional Information:** The Susan B. Anthony Project provides services for women who are incarcerated at McAuliffe Manor, including one-on-one peer counseling and support groups.

### **Women and Families Center**

Contact Person: Carissa Simpson

169 Colony Street  
Meriden, CT 06451  
Office: (203) 235-9297  
Office Hours: Monday-Friday, 9am-5pm EST  
Toll-free Hotline: (888) 999-5545  
Línea de Ayuda Gratuita en Español: (888) 568-8332  
Hotline Hours: 24 hours  
Accept collect calls: No  
Website: [www.womenfamilies.org](http://www.womenfamilies.org)

Women and Families Center Sexual Assault Crisis Service provides free and confidential supportive services to survivors of sexual violence and their loved ones.

**Service area:** Middlesex County, Meriden, Walingford, Cheshire and Greater New Haven  
**Work with:** Survivors of sexual abuse, including women, men, and transgender survivors, as well as their loved ones

**Services for survivors during incarceration include:** Crisis intervention and supportive information by mail or by phone via the 24-hour hotline and accompaniment and advocacy at emergency rooms during forensic examinations.

**Services for survivors after release include:** All the above, as well as short-term supportive counseling; group counseling for women, men, and transgender survivors; and information and referrals. The Women and Families Center offers specialized support services for lesbian, gay, bisexual, and transgender (LGBT) survivors through a partnership with the New Haven Gay and Lesbian Community Center. Support groups for lesbians, gay men, and transgender people are forming at the LGBT Community Center. Call 202-389-5010 for more information about these services.

**Services for loved ones include:** Crisis intervention via the 24-hour hotline; short-term counseling; support groups; and information and referrals.

**Fees:** Free

**Additional Information:** Women and Families will provide immediate crisis intervention to any survivor who contacts them. For survivors convicted of sex crimes, Women and Families will provide appropriate referrals for ongoing support services. Spanish-speaking and male counselors are available. Sign language interpreters are also available. Se habla español.

### **Women's Center of Greater Danbury**

2 West Street  
Danbury, CT 06810  
Office: (203) 731-5200  
Office Hours: Monday-Friday, 9am-5pm EST  
Hotline: (203) 731-5204  
Hotline Hours: 24 hours  
Accept collect calls: Yes  
Website: [www.womenscenterofgreaterdanbury.org](http://www.womenscenterofgreaterdanbury.org)  
Email: [Womens.Cntr@snet.net](mailto:Womens.Cntr@snet.net)

The Women's Center provides crisis services and community education to individuals, families, and organizations.

**Service area:** Bethel, Bridgewater, Brookfield, Danbury, Kent, New Fairfield, New Milford, Newtown, Redding, Ridgefield, Roxbury, Sherman, and Washington

**Work with:** Women, men, and children affected by sexual violence, including loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hotline or by mail; counseling by phone or by mail; hospital accompaniment during forensic examinations; and information on sexual assault and Women's Center services.

**Services for survivors after release include:** All of the above, as well as in-person counseling and support groups; court and police advocacy; and referrals for an array of supportive resources including legal, medical, financial, housing services, and mental health care providers.

**Services for loved ones include:** All of the above.

**Fees:** Free

### **Women's Center of Southeastern Connecticut**

16 Jay Street

New London, CT 06320

Office: (860) 447-0366

Office Hours: Monday-Friday, 9am-5pm EST

Toll-free Hotline: (888) 774-2900

Hotline Hours: 24 hours

Accept collect calls: No

Website: [www.womenscenterofsect.org](http://www.womenscenterofsect.org)

Women's Center of Southeastern Connecticut provides comprehensive services to survivors of sexual assault and domestic violence.

**Service area:** New London and Norwich

**Work with:** All survivors of sexual assault and domestic violence, as well as family and friends

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline or by mail and accompaniment and advocacy for survivors at hospitals, police departments, and courts.

**Services for survivors after release include:** All of the above, as well as individual counseling; support groups; health assessments by a registered nurse; and referrals for medical, psychological, financial, legal, and housing services.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** Women's Center of Southeastern Connecticut also operates an emergency shelter and transitional living program for women and families affected by domestic violence or sexual assault who are in need of safe, affordable housing and support services.

### **YWCA of New Britain Sexual Assault Crisis Services**

P.O. Box 2545

New Britain, CT 06050

Hartford Office: (860) 241-9217

New Britain Office: (860) 225-4681  
Office Hours: Monday-Friday, 7:30am-8pm and Saturday, 7am-3pm EST  
Hartford Area Hotline: (860) 547-1022  
New Britain Area Hotline: (860) 223-1787  
Hotline Hours: 24 hours  
Accept collect calls: No  
Website: [www.ywcanewbritain.org](http://www.ywcanewbritain.org)  
Email: [info@ywcanewbritain.org](mailto:info@ywcanewbritain.org)

The YWCA of New Britain Sexual Assault Crisis Services (SACS) offers free, confidential services for survivors of sexual assault and their loved ones.

**Service area:** Greater New Britain and Hartford region

**Work with:** All survivors of sexual assault and their loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotlines or by mail; medical accompaniment to hospitals during forensic examinations; and information and referrals.

**Services for survivors after release include:** All of the above, as well as short-term counseling and support groups for survivors of sexual assault.

**Services for loved ones include:** Crisis intervention, short-term counseling, and information and referrals.

**Fees:** Free

**Additional Information:** SACS cannot provide ongoing support services for perpetrators of sexual violence, including rape, sexual assault, and incest, but is able to provide information and referrals to this population. Bilingual and male counselors are also available. Hay consejeras bilingües y consejeros.

## LEGAL RESOURCES

### **American Civil Liberties Union of Connecticut**

2074 Park Street, Suite L  
Hartford, CT 06106  
Office: (860) 247-9823  
Website: [www.acluct.org](http://www.acluct.org)  
Email: [info@acluct.org](mailto:info@acluct.org)

The American Civil Liberties Union (ACLU) of Connecticut deals with complaints regarding violations of individuals' rights by the government and would like to hear from people who have been raped or sexually assaulted in jail or prison so that they can provide legal assistance. The ACLU of Connecticut does not return calls regarding legal assistance. Legal requests must be sent in writing. In less than two pages, you must describe what occurred, when and where it occurred, and who was involved. Remember to include a return address and a daytime telephone number. Do not send any supportive documents until you are asked for them. You will receive a response within three to four weeks. If you are unable to write, please call on Friday between 9am and 10am when volunteers are available.

**Connecticut Bar Association, Lawyer Referral Information and Services**

30 Bank Street  
P.O. Box 350  
New Britain, CT 06050  
Office: (860) 223-4400  
Website: [www.ctbar.org](http://www.ctbar.org)  
E-mail: [ctbar@ctbar.org](mailto:ctbar@ctbar.org)

The Connecticut Bar Association publishes an annual *Guide to Connecticut Lawyers*. The purpose of the Guide is to inform members and the public of the critical role lawyers play in the legal system and our communities and to provide guidance to the public on seeking and finding a lawyer. It contains listings of Connecticut lawyers by geographic area and practice area, as well as information on how to choose a lawyer and insights into buying or selling a home, wills and living trusts, divorce, land use issues, auto accident issues, criminal law issues, consumer rights, employee rights, and much more. The Connecticut Bar Association Guide to Connecticut Lawyers listings can be purchased or searched on-line at [www.ctbar.org/article/Guide/](http://www.ctbar.org/article/Guide/).

Additionally, the following local and county Bar associations offer lawyer referral services to help individuals find an attorney in their county:

Hartford, Litchfield, Middlesex, Tolland and Windham  
(860) 525-6052

Fairfield  
(203) 335-4116

New Haven  
(203) 562-5750

New London  
(860) 889-9384

**Lambda Legal: National Headquarters**

120 Wall Street, Suite 1500  
New York, NY 10005  
Office: (212) 809-8585  
Website: [www.lambdalegal.org](http://www.lambdalegal.org)  
E-mail: [legalhelpdesk@lambdalegal.org](mailto:legalhelpdesk@lambdalegal.org)

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people, and those with HIV through impact litigation, education and public policy work.

National Headquarters provides services for those who are located in Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania,

Rhode Island, Vermont, and Washington D.C. and accepts Legal Help Desk calls at any time during regular business hours (9 am-5:30 pm) and also Monday evenings from 5:30-8pm.

If Help Desk staff are busy helping other callers, your call will be routed to the Legal Help Desk voicemail. Please leave the following information: name, state, contact info, best time to reach you, and a brief message outlining your legal inquiry. A Help Desk staff person will return your call. It is usually most efficient for Help Desk callers to contact Lambda Legal by phone. If you are in a place where you are not able to make long distance calls, Lambda can make an appointment to call you. If you are absolutely unable to call, you may e-mail Lambda at [legalthelpdesk@lambdalegal.org](mailto:legalthelpdesk@lambdalegal.org) or write to the addresses above.

**Yale Law School, Jerome N. Frank Legal Services Organization**

P.O. Box 209090

New Haven, CT 06520-9090

Office: (203) 432-4800

Website: [www.law.yale.edu/academics/JeromeNFrankLSO.asp](http://www.law.yale.edu/academics/JeromeNFrankLSO.asp)

E-mail: [brett.dignam@yale.edu](mailto:brett.dignam@yale.edu)

The Jerome N. Frank Legal Services Organization (LSO) links law students with individuals and organizations in need of legal help who cannot afford private attorneys. Students, supervised by Law School faculty members and participating attorneys, interview clients, write briefs, prepare witnesses, try cases, negotiate settlements, draft documents and new legislation, participate in commercial transactions, arrange "deals," and argue appeals in state and federal courts, including the U.S. Court of Appeals for the Second Circuit and the Connecticut Supreme Court. LSO's work is divided into 9 major projects. The Prison Project represents men and women in state and federal prisons in Connecticut and focuses on claims involving conditions of confinement and complex federal litigation. Cases are handled on a limited basis. Requests for assistance should be mailed in writing with a brief description of the facts surrounding the incident that occurred.

*JDI has directly contacted each organization listed in the Resource Guide in hopes of pointing survivors toward those currently accepting new clients. However, the inclusion of any group or individual in the Resource Guide does not necessarily constitute an endorsement or recommendation by JDI, nor can JDI guarantee the availability of the services described here.*