



NEW HAMPSHIRE RESOURCE GUIDE

COUNSELING AND OTHER SUPPORT SERVICES

A Community Resource Network

2 Blacksmith St.
Lebanon, NH 03766
Office: (603) 448-8887
Toll-free Office: (800) 816-2220
Office Hours: Monday-Friday, 9am-5pm EST
Accept Collect Calls: No
Website: www.acornvtnh.org
Email: acorn@acornvtnh.org

A Community Resource Network (ACORN) works to support and empower those whose lives are affected by HIV/AIDS and Hepatitis C to live fully and with dignity and to stop the spread of these diseases through education, information, and understanding in New Hampshire and Vermont.

Service area: Grafton and Sullivan Counties in New Hampshire

Work with: All people with HIV/AIDS and Hepatitis C and their affected family members

Services for survivors during incarceration include: Pamphlets and information on HIV and Hepatitis C.

Services for survivors after release include: All of the above, as well as HIV testing and counseling; needle exchange; food pantry;-condoms and lubricant; information; and referrals.

Services for loved ones include: HIV testing and counseling; information; and referrals.

Fees: Free

AIDS Response Seacoast

1 Junkins Avenue
Portsmouth, NH 03801
Office: (603) 433-5377
Office Hours: Monday-Friday, 9am-5pm EST
Accept Collect Calls: No
Website: www.aidsresponse.org

Email: info@aidsresponse.org

AIDS Response Seacoast is a nonprofit, community-based organization founded in 1987 to help improve the quality of life of those infected and affected by HIV/AIDS and to prevent the spread of the disease in the Greater Seacoast area.

Service area: Rockingham and Stafford Counties

Work with: All people living with HIV/AIDS and their affected family members

Services for survivors during incarceration include: Information on HIV/AIDS and AIDS Response Seacoast services and referrals.

Services for survivors after release include: All of the above, as well as confidential HIV testing and counseling; case management for people who are HIV+; mental health counseling; support groups; assistance with applying for Social Security, disability, Medicaid, and food stamps; referrals for legal assistance, medical, and dental/oral care and treatment; emergency housing and utility assistance for eligible persons; emergency financial assistance for eligible persons; food and nutritional counseling; transportation assistance; budgeting assistance and referrals; educational workshops; food pantry and personal care items; referrals for clothing and furnishings; HIV educational materials; support and assistance with adherence to medications; and other support services.

Services for loved ones include: Confidential HIV testing and counseling; emotional support; holiday events; information; and referrals.

Fees: Free

AIDS Services for the Monadnock Region

P.O. Box 296

16 High Street

Gilsum, NH 03448

Office: (603) 357-6855

Toll-free Office: (800) 639-7903

Office Hours: Monday-Friday, 9am-5pm EST

Accept Collect Calls: Yes

Website: www.asmronline.org

Email: susan.macneil@asmronline.org

AIDS Services for the Monadnock Region (ASMR) is a non-profit organization committed to serving people living with HIV/AIDS in rural Southwestern New Hampshire.

Service area: Cheshire County, southern Sullivan County, and western Hillsborough County

Work with: All people infected with and affected by HIV/AIDS and their families

Services for survivors during incarceration: Case management; HIV testing and counseling; information; and referrals.

Services for survivors after release: Case management; HIV testing and counseling; access to medical care; and housing assistance.

Services for loved ones: Case management; HIV testing and counseling; information; and referrals.

Fees: Free. Housing in The Cleve Jones Wellness House is \$650/month and includes food and utilities. Section 8, HOPWA, and housing vouchers are accepted.

Bridges: Domestic & Sexual Violence Support

33 E. Pearl St.

Nashua, NH 03060

Office: (603) 889-0858

Office Hours: Monday-Friday, 8:30am-4:30pm EST

Hotline: (603) 883-3044

TTY Hotline: (800) 735-2964

Hotline Hours: 24 hours

Accept Collect Calls: Yes

Website: www.bridgesnh.org

Email: director@bridgesnh.org

Bridges: Domestic & Sexual Violence Support (formerly Rape & Assault Support Services, Inc) is a non-profit organization that provides free, confidential services to survivors of domestic violence, sexual assault, teen dating violence, child sexual abuse, elder abuse, stalking, and harassment.

Service area: Southern Hillsboro County

Work with: Survivors of domestic violence, sexual assault, teen dating violence, child sexual abuse, elder abuse, stalking, and harassment and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline and by mail; support; hospital accompaniment during forensic exams; court accompaniment for sexual assault cases; information; and referrals.

Services for survivors after release include: All of the above, as well as individual counseling; a support group for adult female survivors of sexual assault; and emergency shelter.

Services for loved ones include: Crisis intervention; counseling; information; and referrals.

Fees: Free

Additional Information: Translators are available in 140 languages through the AT&T Language Line.

Monadnock Center for Violence Prevention

12 Court St., Suite 103

Keene, NH 03431

Office/Hotline: (603) 352-3782

Toll-free Hotline: (888) 511-6287

Hotline Hours: 24 hours

Accept Collect Calls: No

Website: www.mcvprevention.org

The Monadnock Center for Violence Prevention, Inc. (formerly Women's Crisis Services) is a non-profit organization that seeks to assist survivors of domestic and sexual violence through crisis intervention, peer support, court advocacy, safe housing, and referral to other services; and

to reduce the incidence and impact of domestic and sexual violence by advocating for public policies and providing education, awareness, and prevention programs.

Service area: The Monadnock Region, including Cheshire and Hillsborough Counties

Work with: All survivors of domestic violence, sexual assault, and stalking and their friends and family

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline, by mail, and in-person, as resources allow; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals. The Monadnock Center for Violence Prevention is also starting a support group for female survivors of domestic violence and sexual assault at the Cheshire County House of Corrections. Contact the appropriate jail staff person for more information or to join.

Services for survivors after release include: Crisis intervention; hospital accompaniment; legal advocacy and court accompaniment; emergency shelter for women and children fleeing domestic violence or sexual assault; support groups for adult women survivors of domestic violence and sexual assault; information; and referrals for individual counseling and other services.

Services for loved ones include: Crisis intervention; information; and referrals.

Fees: Free

New Beginnings

P.O. Box 622

Laconia, NH 03247

Office/Hotline: (603) 528-6511

Toll-free Hotline: (800) 277-5570

Hotline Hours: 24 hours

Accept Collect Calls: Yes, with prior arrangement

Website: www.newbeginningsnh.org

Email: help@newbeginningsnh.org

The mission of New Beginnings is to provide direct services in Belknap County, including short-term refuge and a supportive place for sexual assault survivors, battered women, and their children; to educate survivors about the choices they have; and to educate the community about the history, causes, and methods of confronting violence against women, including physical, emotional, and sexual assault, to promote change.

Service area: Belknap County

Work with: All survivors of sexual assault and abuse and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline, by mail, and by email; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

Services for survivors after release include: All of the above, as well as individual counseling; support groups for adult women survivors of sexual assault; emergency assistance, including food pantry, clothing, toiletries, etc.; emergency shelter for women and children in need of temporary housing; and referrals for emergency housing for men.

Services for loved ones include: Crisis intervention; support; information; and referrals.

Fees: Free

New Hampshire Coalition Against Domestic and Sexual Violence

P.O. Box 353

Concord, NH 03302-0353

Office: (603) 224-8893

Office Hours: Monday-Friday, 8am-5pm EST

Accept Collect Calls: Yes

Website: www.nhcadsv.org

E-mail: info@nhcadsv.org

New Hampshire Coalition Against Domestic and Sexual Violence (NHCADSV) is an umbrella organization for a statewide network of 14 independent member programs committed to ending domestic and sexual violence. NHCADSV seeks to: ensure that quality services are provided to survivors of domestic and sexual abuse; prevent future violence by educating the public; and encourage accountability and the provision of services for perpetrators.

Service area: New Hampshire

Work with: Survivors of sexual assault and their loved ones, sexual assault programs, and allied professional groups

Services for survivors during incarceration include: Information and referrals to the nearest rape crisis center via phone and by mail and a directory of affiliated rape crisis centers on the NHCADSV website.

Services for survivors after release include: All of the above.

Services for loved ones include: All of the above.

Fees: Free

Additional Information: NHCADSV also provides community education, coordination, training, resource sharing, and advocacy for public policy changes that affect victims of domestic and sexual violence.

Rainbow Resources

26 Main Street

Box 181

Concord, NH 03301

NH PFLAG Info Line: (800) 750-2524

Website: www.rainbowresources-nh.org

Email: webmistress@rainbowresources-nh.org

Rainbow Resources of New Hampshire provides free access to networking, educational, and referral information to and about the lesbian, gay, bisexual, transgender and allied community of New Hampshire.

Service area: New Hampshire

Work with: Lesbian, gay, bisexual, transgender (LGBT) and allied community

Services for survivors during incarceration include: Information and referrals by phone. To request a copy of *Gay Lifeline*, a resource directory for the New Hampshire and Vermont LGBT community, please send \$14 to the address above. You will receive your copy within four weeks.

Services for survivors after release include: All of the above, as well as an online database, which contains information about more than 500 groups, agencies, businesses and individuals in 39 categories and an online version of *Gay Lifeline*, which can be downloaded for free (<http://rainbowresources-nh.org/PDFs/Lifeline.pdf>).

Services for loved ones include: All of the above.

Fees: Free information and referrals via the website. *Gay Lifeline* costs \$14 when ordered through the mail.

Rape and Domestic Violence Crisis Center

P.O. Box 1344

Concord, NH 03302-1344

Office: (603) 225-7376

Office Hours: Monday-Friday, 8:30am-4:30pm EST

Toll-free Hotline: (800) 277-5570

Hotline Hours: 24 hours

Accept Collect Calls: No

Website: www.rdvcc.org

Email: sascoordinator@rdvcc.org

The Rape and Domestic Violence Crisis Center (RDVCC) works to provide cohesive support for survivors of sexual assault and domestic violence and to create a sensitive public awareness of the needs of these survivors.

Service area: Concord

Work with: All survivors of sexual assault and domestic violence and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

Services for survivors after release include: All of the above, as well as support groups for women survivors of sexual assault and domestic violence and emergency shelter for women and their families.

Services for loved ones include: Crisis intervention; information; and referrals.

Fees: Free

Additional Information: Additional support groups may be offered, depending on interest.

RESPONSE to Sexual and Domestic Violence

54 Willow St.

Berlin, NH 03570

Office: (603) 752-5679

Office Hours: Monday-Friday, 8am-5pm EST

Toll-free Hotline: (866) 662-4220

Hotline Hours: 24 hours

Accept Collect Calls: Yes

Website: www.coosresources.org

Email: response@ccfhs.org

A program of Coos County Family Health Services, RESPONSE to Sexual and Domestic Violence provides comprehensive services for survivors of sexual and domestic violence.

Service area: Coos County

Work with: All survivors of sexual assault and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; in-person individual counseling; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

Services for survivors after release include: All of the above, as well as support groups for teen and adult men and women survivors of sexual assault and emergency shelter, depending on availability.

Services for loved ones include: Crisis intervention; counseling; information; referrals and support groups for non-offending parents of survivors, depending on availability.

Fees: Free

Sexual Assault Support Services

7 Junkins Avenue

Portsmouth, NH 03801

Office: (603) 436-4107

Office Hours: Monday-Friday, 9am-5pm EST

Toll-free Hotline: (888) 747-7070

Hotline Hours: 24 hours

Accept Collect Calls: Yes

Website: www.sassnh.org

Email: info@sassnh.org

Sexual Assault Support Services (SASS) is dedicated to the prevention of child sexual abuse, sexual assault, and stalking, while supporting survivors and others impacted by sexual violence.

Service area: Rockingham and Strafford Counties

Work with: Survivors of sexual abuse, assault, and stalking and others impacted by sexual violence

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline, in-person, and by mail; in-person individual counseling; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault and stalking cases; information; and referrals. In partnership with the local domestic violence shelter, SASS also offers a weekly support group for women in the drug and alcohol treatment program at the Strafford County House of Corrections. To arrange to meet with an advocate, please contact a staff member or write to SASS at the address above.

Services for survivors after release include: All of the above, as well as support groups for adult women and men survivors of sexual assault.

Services for loved ones include: Crisis intervention; counseling; a support group for non-offending parents of survivors; information; and referrals.

Fees: Free

Additional Information: SASS will provide immediate crisis intervention to any survivor who contacts them. SASS does not provide services to perpetrators of sexual assault, domestic violence or stalking and will provide appropriate referrals for these individuals to access ongoing support services with other agencies.

Southern New Hampshire HIV/AIDS Task Force

12 Amherst Street
Nashua, NH 03064
Office: (603) 595-8464
Toll-free Office: (800) 942-7437
Office Hours: Monday-Friday, 9am-5pm EST
Accept Collect Calls: Yes, from existing clients
Website: www.aidstaskforcenh.org
Email: info@aidstaskforcenh.org

The Southern New Hampshire HIV/AIDS Task Force is a private, non-profit organization that provides a variety of direct support services for individuals and families living with HIV/AIDS to increase the quality and availability of knowledge, services, and resources in all matters relating to HIV infection and AIDS to people in Southern New Hampshire.

Service area: Greater Nashua and Southern Hillsborough County

Work with: All people living with HIV/AIDS and those in need of testing

Services for survivors during incarceration include: Ongoing case management for HIV+ clients who become incarcerated, depending on the length of their incarceration and location of the facility. Information and referrals are also available.

Services for survivors after release include: HIV testing for sex or needle sharing partners of known HIV+ individuals, men who have sex with men, racial and ethnic minorities, and injection drug users; and a range of services for people with HIV, including case management; housing assistance; transportation for local medical appointments; food and nutritional services; mental health counseling; and substance abuse counseling.

Services for loved ones include: HIV testing for sex or needle sharing partners of known HIV+ individuals; information; and referrals.

Fees: Free

Additional information: Bilingual/Bicultural Spanish speaking case managers are available. *Se habla español.*

Starting Point: Services for Victims of Domestic and Sexual Violence

P.O. Box 1972
Conway, NH 03818
Office: (603) 356-7993
Office Hours: Monday-Friday, 8:30am-4pm EST
Toll-free Hotline: (800) 336-3796
Hotline Hours: 24 hours
Accept Collect Calls: Yes
Website: www.startingpointnh.org
Email: edirector@startingpointnh.org

Starting Point: Services for Victims of Domestic and Sexual Violence is a private, non-profit organization that has provided services in Carroll County since 1981.

Service area: Carroll County

Work with: All survivors of sexual violence, domestic violence, and stalking and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hotline and by mail; in-person counseling, by arrangement; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

Services for survivors after release include: All of the above, as well as case management; emergency shelter for women and children; emergency shelter for men in hotels throughout the area; transportation assistance; emergency assistance, such as food and clothing; and support groups for women survivors of sexual assault. Support groups can also be arranged for male survivors, depending on interest.

Services for loved ones include: Crisis intervention; counseling; information; and referrals.

Fees: Free

Additional Information: Starting Point also works with a local child advocacy center to assist the parents of children who have been abused and has an advocate in the child welfare system to assist children who are victims of domestic violence.

Women's Information Service

38 Bank St.

Lebanon, NH 03766

Office: (603) 448-5922

Office Hours: Monday-Friday, 8:30am-4:30pm EST

Hotline: (603) 448-5525

Toll-free Hotline: (866) 348-9473

Hotline Hours: 24 hours

Accept Collect Calls: Yes

Website: www.wiseftheuppervalley.org

Email: outreach@wiseftheuppervalley.org

Women's Information Service (WISE) provides services for survivors of sexual violence, domestic violence, and stalking in the Upper Valley of New Hampshire and Vermont. Services are confidential and are available to all regardless of gender or gender identity/expression, age, health status (including HIV status), physical, mental or emotional ability, sexual orientation, socio-economic status, race, national origin, immigration status, or religious or political affiliation.

Service area: The towns of Canaan, Enfield, Grafton, Hanover, Lebanon, Lyme, Orange, Oxford, West Lebanon, and Wilder and surrounding areas in New Hampshire

Work with: All survivors of sexual violence, domestic violence, and stalking and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

Services for survivors after release include: All of the above, as well as individual counseling; emergency shelter; transitional housing; children's group; and support groups.

Services for loved ones include: Crisis intervention; counseling; information; and referrals.

Fees: Free

YWCA of Manchester Crisis Service

72 Concord St.

Manchester, NH 03101

Office: (603) 625-5785

Office Hours: Monday-Friday, 9am-5pm EST

Hotline: (603) 668-2299

Hotline Hours: 24 hours

Accept Collect Calls: Yes, on the hotline

Website: www.ywcanh.org

Email: info@ywcanh.org

The YWCA Crisis Service provides confidential emotional support and advocacy services to survivors of domestic violence, sexual violence, and stalking. YWCA Crisis Services are based on the empowerment philosophy, helping survivors take back the power that was taken from her/him at the time of physical violence, sexual assault, and/or verbal put downs.

Service area: Parts of Hillsborough and Rockingham Counties

Work with: Survivors of domestic violence, sexual violence, and stalking and their loved ones

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline and in-person advocacy and counseling for survivors at the State Prison for Women in Goffstown and the Valley Street Jail in Hillsborough County. Additional services include hospital accompaniment during forensic exams; legal advocacy and court accompaniment for civil protective orders and for witnesses in criminal trials; information; and referrals.

Services for survivors after release include: Crisis intervention; counseling; support groups for men and women; individual counseling; housing assistance; accompaniment to doctor or clinic appointments and to Elliott Hospital, Catholic Medical Center, and the Parkland Hospital in cases of domestic violence and sexual assault; accompaniment to interviews with the police and prosecutors, upon request; legal advocacy and court accompaniment for civil protective orders and for witnesses in criminal trials; advocacy for families involved with the DCYF who are coping with domestic violence or sexual assault; information; and referrals.

Services for loved ones include: All of the above.

Fees: Free

Additional information: The YWCA of Manchester also operates the Family Education Initiative, which offers direct education, services, and resources to Manchester parents and caregivers, including evidence-based parent education programs; the Supervised Visitation and Child Exchange Center, which provides a neutral and safe environment for children to build and maintain relationships with both parents; and several age-specific youth programs for girls, including a teen program.

LEGAL RESOURCES

Lambda Legal: National Headquarters

120 Wall Street, Suite 1500

New York, NY 10005-3904

Office: (212) 809-8585

Legal Help Desk Hours: Monday, 9am-8pm and Tuesday-Friday, 9am-5:30pm EST

Website: www.lambdalegal.org

E-mail: legalhelpdesk@lambdalegal.org

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people, and those with HIV through impact litigation, education, and public policy work.

National Headquarters provides services for those who are located in Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, and Washington D.C.

If Help Desk staff are busy helping other callers, your call will be routed to the Legal Help Desk voicemail. Please leave the following information: name, state, contact info, best time to reach you, and a brief message outlining your legal inquiry. A Help Desk staff person will return your call.

It is usually most efficient for Help Desk callers to contact Lambda by phone. If you are in a place where you are not able to make long distance calls, Lambda can make an appointment to call you. If you are absolutely unable to call, you may e-mail Lambda Legal at legalhelpdesk@lambdalegal.org or write to the addresses above.

New Hampshire Civil Liberties Union

18 Low Ave.

Concord, NH 03301

Office: (603) 225-3080

Website: www.nhclu.org

Intake Questionnaire: www.nhclu.org/media/pdf/Intake-Questionnaire-NHCLU.doc

The New Hampshire Civil Liberties Union (NHCLU) was founded in 1968, and is the state affiliate of the American Civil Liberties Union (ACLU). NHCLU is a nonpartisan organization that defends civil liberties in the courtroom and in the legislature and seeks to expand awareness of individual rights in the classroom, in civic groups, and in the media. NHCLU handles prison conditions, First Amendment, and prisoners' rights cases and operates a number of specific projects, including the AIDS Education Project of the National Prison Project and the Gay and Lesbian Rights Project of the ACLU. Survivors of sexual abuse behind bars can contact NHCLU by mail by filling-out and mailing in the Intake Questionnaire (link provided above) or by writing a letter to the address above. NHCLU accepts telephone inquiries regarding civil liberties issues after an Intake Questionnaire has been completed.

State Bar of New Hampshire Lawyer Referral Service

112 Pleasant Street

Concord, NH 03301

Office: (603) 224-6942

Lawyer Referral Service: (603) 229-0002

Lawyer Referral Service Hours: Monday-Thursday, 9am-4:30pm and Friday, 9am-3pm EST

Website: www.nhbar.org

Email: lrsreferral@nhbar.org

The State Bar of New Hampshire Lawyer Referral Service assists the public to locate an attorney. Lawyer Referral staff cannot give legal advice, provide referrals for Pro Bono (free) attorneys, or give a list of attorneys. The Lawyer Referral Service charges a \$25 referral fee for most referrals. This fee includes a consultation with the attorney for up to 30 minutes. After the consultation, the attorney charges his or her regular rates. You will not be charged the fee if the attorney is not able to provide you with a consultation.

GOVERNMENT RESOURCES**Office of the Commissioner, New Hampshire Department of Corrections**

105 Pleasant Street

P.O. Box 1806

Concord, NH 03302-1806

Office: (603) 271-5606

Inmates who have been sexually assaulted in a New Hampshire DOC facility can contact the Office of the Commissioner to report the assault and any concerns regarding the handling of investigations into such abuse.

JDI has directly contacted each organization listed in the Resource Guide in hopes of pointing survivors toward those currently accepting new clients. However, the inclusion of any group or individual in the Resource Guide does not necessarily constitute an endorsement or recommendation by JDI, nor can JDI guarantee the availability of the services described here.