



MINNESOTA RESOURCE GUIDE

COUNSELING AND OTHER SUPPORT SERVICES

Central Minnesota Sexual Assault Center

15 Riverside Drive NE
St. Cloud, MN 56304-0435
Local Hotline/Office: (320) 251-4357
Office Hours: Monday-Friday, 8:30am-4:30pm CST
Toll Free Hotline: (800) 237-5090
Hotline Hours: 24 hours
Accept collect calls: No
Website: www.cmsac.org
Email: cmsac@cmsac.org

Central Minnesota Sexual Assault Center provides comprehensive services for survivors of all types of sexual abuse and assault. Services are available to survivors of all ages and to their partners, friends, and family.

Service area: Stearns, Benton, Sherburne, and Wright Counties

Work with: All survivors of sexual abuse and their partners, friends, and family

Services for survivors during incarceration include: Crisis intervention and emotional support via the 24-hour hotline, by mail, or in-person; hospital accompaniment during forensic examinations; personal advocacy; civil legal advocacy and court accompaniment; and in-person individual counseling, as resources allow.

Services for survivors after release include: All of the above, as well as support groups for women, adolescents, and men and referrals for medical, legal, and counseling services.

Services for loved ones include include: Crisis intervention and support groups.

Fees: None

Additional Information: CMSAC also facilitates an anti-violence education groups for youth detained at St. Cloud Correctional Facility.

Crisis Resource Center of Steele County

125 West Front Street
Owatonna, MN 55060

Office: (507) 451-1202
Office Hours: Monday-Friday, 8am-5pm CST
Hotline: (800) 451-1202
Hotline Hours: 24 hours
Accept collect calls: Yes
Email: crcsteelecnty@qwest.net

The Crisis Resource Center of Steele County provides comprehensive services to victims of domestic violence, survivors of sexual assault, and to abused children who have witnessed or experienced violence.

Service area: Steele County

Work with: All survivors of abuse

Services for survivors during incarceration include: 24-hour crisis intervention via the hotline or by mail; personal advocacy; hospital accompaniment at the emergency room; short-term crisis counseling; court accompaniment and advocacy; and information on sexual assault.

Services for survivors after release include: All of the above, as well as referrals for counseling services and support groups for women and child survivors of sexual abuse.

Services for loved ones include: Crisis intervention, short-term counseling, information, and referrals.

Fees: None

Additional Information: The Crisis Resource Center of Steele County conducts weekly educational groups for male and female detainees on issues of domestic violence, sexual assault, and child abuse at the Steele County Detention Center. Contact Johanna Woodside, Sexual Assault Program Coordinator, for more information.

Dodge, Fillmore, and Olmsted Victim Services

151 Fourth Street, SE
Rochester, MN 66904
Office: (507) 328-7270
Office Hours: Monday-Friday, 8am-5pm CST
Local Hotline: (507) 289-0636
Toll-free Hotline: (877) 289-0636
Hotline Hours: 24 hours
Accept collect calls: Yes
Website: www.co.olmsted.mn.us/courts/victim_services.asp
Email: martin.jeanne@co.olmsted.mn.us

Dodge, Fillmore, and Olmsted Counties Victim Services, a department of the Dodge, Fillmore, Olmsted Community Corrections Office of Victim Services, provides a range of support services to survivors of sexual assault and their loved ones.

Service area: Dodge, Fillmore, and Olmsted Counties

Work with: All survivors of sexual abuse, including children, teens and their loved ones

Services for survivors during incarceration include: 24-hour crisis intervention via the hotline or by mail; emergency room accompaniment and advocacy; advocacy and information

throughout the criminal justice process for survivors who chose to report; short-term individual counseling; and information and referrals.

Services for survivors after release include: All of the above, as well as support groups for women survivors of sexual abuse.

Services for loved ones include: 24-hour crisis intervention; short-term counseling; advocacy and accompaniment at the emergency room and throughout the court process; and information and referrals.

Fees: None

Additional Information: Dodge, Fillmore, and Olmsted Victim Services also provides training to law enforcement and administrators on victim notification and sexual assault at the local detention center.

Goodhue Wabasha Sexual Assault Services

480 Eighth Street

Red Wing, MN 55066

Office: (651) 388-9360 x13 or x15

Office Hours: Monday-Friday, 9am-5pm CST

Toll-free Hotline: (800) 519-6690 (call-back system)

Hotline Hours: 24 hours

Accept collect calls: Yes, on the office line

Website: www.gwsas.com

Email: gwsas@hotmail.com

Goodhue Wabasha Sexual Assault Services Inc. (GWSAS) provides comprehensive services to survivors of sexual assault and their loved ones.

Service area: Goodhue and Wabasha Counties

Work with: All survivors of sexual assault and their loved ones, including men, women, and transgender people, regardless of gender, age, sexual orientation, religion, race or ability

Services for survivors during incarceration include: Crisis intervention and short-term counseling via the 24-hour hotline or by mail and hospital accompaniment following a sexual assault.

Services for survivors after release include: All of the above, as well as civil-legal advocacy and court accompaniment for survivors who report the abuse; 10-week support groups; and referrals for long-term therapy and other services.

Services for loved ones include: All of the above.

Fees: None

The HOPE Center

303 1st Avenue, NE

Faribault, MN 55021

Office: (507) 332-0882

Office Hours: Monday-Friday, 9am-4pm CST

Toll-free Hotline: (800) 607-2330

Hotline Hours: 24 hours

Accept collect calls: Yes, on the office line

Website: www.hopecentermn.org

The HOPE Center offers direct support to survivors of violence in Rice County, collaborative support to other organizations that serve victims, and educational support to the entire community.

Service area: Rice County

Work with: All survivors of domestic violence and sexual assault

Services for survivors during incarceration include: Crisis intervention via the 24-hour hotline or by mail; hospital accompaniment during forensic examinations; accompaniment and advocacy throughout the court process; and information and referrals.

Services for survivors after release include: All of the above, as well as individual counseling.

Services for loved ones include: All of the above.

Fees: None

Additional Information: The HOPE Center also conducts presentations at the local minimum security prison about domestic violence and sexual assault.

Itasca Alliance Against Sexual Assault

501 South Pokegama Avenue, Suite 6

Grand Rapids, MN 55744

Office: (218) 326-5008

Office Hours: Monday-Thursday, 8am-5pm and Friday, 8am-12pm CST

Toll-free Hotline: (866) 747-5008

Hotline Hours: 24 hours

Accept collect calls: Yes

Website: www.iaasa.org

Email: contact@iaasa.org

Itasca Alliance Against Sexual Assault (IAASA) seeks to educate the community about sexual violence and provide support for survivors.

Service area: Itasca County

Work with: All survivors of sexual violence, including sexual abuse, assault, sexual harassment, and stalking

Services for survivors during incarceration include: IAASA will work to make services available to any person affected by sexual violence regardless of their location within our community. Services include: crisis intervention via the 24-hour hotline, by mail, by email or in-person when available; hospital accompaniment; supportive counseling, in-person or by mail; criminal and civil court advocacy and accompaniment; and information and referrals.

Services for survivors after release include: All of the above, as well as support groups and assistance in filing and obtaining protection orders.

Services for loved ones include: All of the above.

Fees: None

Additional Information: All services are confidential unless the client requests advocacy services, in which IAASA will need to obtain a signed release of information to assist the client in obtaining information.

Minnesota AIDS Project

1400 Park Avenue S.

Minneapolis, MN 55404

Office: (612) 341-2060

Office Hours: Monday-Friday, 8:30am-5:30pm CST

Local Hotline: (612) 373-2437

Statewide Toll-free AIDSLine: (800) 248-2437

Local TTY Hotline: (612) 373-2465

Statewide TTY Hotline: (888) 820-2437

Hotline Hours: Monday-Friday, 9am-5:30pm CST

Accept collect calls: Yes (Minnesota only)

Website: www.mnaidsproject.org

Email: mapaidsline@mnaidsproject.org

The Minnesota AIDS Project (MAP) is a statewide, nonprofit agency committed to enhancing the lives of people living with HIV through prevention education for those at risk for HIV and advocacy for the rights of all affected by HIV. The MAP AIDSLine is the statewide toll-free information and referral service that can answer questions about HIV and connect callers to resources that can help.

Service area: Minnesota

Work with: Anyone seeking information about HIV/AIDS or in need of services

Services for survivors during incarceration include: Information about HIV/AIDS and referrals to needed services via the AIDSLine, by mail or through the HIV Resource Guide, a comprehensive directory of HIV services in the Twin Cities and Greater Minnesota. The HIV Resource Guide contains information on programs to reduce the risk of contracting HIV, low or no cost HIV testing sites, and resources for people living with HIV. To order a free copy of the HIV Resource Guide, call the AIDSLine, fill-out and mail in an order form from the MAP website at www.mnaidsproject.org/resourceguide/HIVResourceGuide_OrderForm.pdf or order a copy online at www.mnaidsproject.org/resourceguide.

Services for survivors after release include: A range of services for people living with HIV/AIDS including: case management; health education; advocacy; housing, transportation, and general financial assistance; legal services; and information and referrals for other services, such as support groups and clinics for people living with HIV/AIDS. MAP also provides HIV risk assessments and HIV prevention education through the hotline and chat services. MAP provides free anonymous HIV testing by appointment only and also makes referrals to other testing sites.

Services for loved ones include: Information and support.

Fees: None

Additional Information: MAP also offers AIDSLine Online, an interactive service that connects individuals with concerns or questions regarding HIV/AIDS with a community educator who provides one-on-one assistance and information via the internet. Visit the MAP website at www.mnaidsproject.org/aidsline/ and click on AIDSLine Online icon to begin. This service is available Monday-Friday, 9am-5:30pm CST.

Minnesota Coalition Against Sexual Assault

161 St. Anthony Avenue, Suite 1001

St. Paul, MN 55103

Office: (651) 209-9993

Toll-free Office: (800) 964-8847

Office Hours: Monday-Friday, 8am-5pm CST

Accept collect calls: Yes

Website: www.mncasa.org

E-mail: mncasa@msn.com

The Minnesota Coalition Against Sexual Assault (MNCASA) is a statewide coalition of rape crisis centers and works with survivors, sexual assault programs, and allies committed to ending sexual violence. The services of MNCASA are designed to assist local programs in providing state of the art advocacy and prevention programming and to affect public perception and policy in relation to sexual assault.

Service area: Minnesota

Work with: Survivors of sexual assault and their loved ones, sexual assault programs, and allied professional groups

Services for survivors during incarceration include: Information and referrals to the nearest rape crisis center via phone or by mail and a directory of affiliated rape crisis centers on the MNCASA website.

Services for survivors after release include: All of the above.

Services for loved ones include: All of the above.

Fees: None

Additional Information: Other MNCASA services include: membership services and outreach, prevention education, training, and the Sexual Violence Justice Institute. Specific services in each program area include development of materials, technical assistance, and policy related activities.

Minnkota Center and Minnkota Health Project

810 4th Avenue S., Suite 202

Moorhead, MN 56560

Office: (218) 287-4636

Toll-free Office: (877) 871-4636

Office Hours: Monday-Friday, 9am-5pm CST

Accept Collect Calls: Yes, with prior authorization

Website: www.mhpmc.org

Email: minnkota@mhpmc.org

The Minnkota Center is a nonprofit, community-based organization providing safe and affordable counseling services for Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) individuals. The Minnkota Health Project provides services for people living with HIV/AIDS, their partners, and families in western Minnesota and North Dakota

Service area: North Dakota and 40 counties in greater Minnesota

Work with: GLBTQ individuals and people living with and affected by HIV/AIDS

Services for survivors during incarceration include: Information, support, and referrals for services after release by mail and by phone for GLBTQ prisoners and people with HIV.

Services for survivors after release include: Referrals for HIV testing and counseling; and a range of services for people living with HIV/AIDS through the Minnkota Health Project, including care advocacy; individual counseling and monthly support groups; social activities; transportation assistance; a food voucher program; emergency financial assistance; leadership opportunities; Speakers' Bureau; and referrals for appropriate resources, including medical care, medication, and social services. Services available to GLBTQ people through the Minnkota Center include individual counseling; relationship counseling; a GLBTQ youth group; discussion groups for men who identify as gay, bisexual, queer or as men who have sex with men and for lesbian, bisexual, and queer women; smoking cessation programs; leadership opportunities; a smoking cessation program; and a Speakers' Bureau.

Services for loved ones include: Information; support; referrals for HIV testing and counseling; and support groups.

Fees: Counseling services are provided on a sliding scale, and no one is turned away for lack of ability to pay. All HIV-related services are free.

Additional Information: A new support group is scheduled to begin meeting in Bismark in March, 2010, for people living with HIV/AIDS and anyone affected by it, including their caregivers or loved ones. Contact Minnkota Health Project for more information. Services are available in English, but Minnkota Center and Minnkota Health Project Center staff can access interpreter services for non-English speakers.

OutFront Minnesota Anti-Violence Program

310 38th Street East, #204

Minneapolis, MN 55409-1337

Office: (612) 822-0127 x210

Toll-free Office: (800) 800-0350 x210

Office Hours: Monday-Friday, 9 am-5 pm CST, but staff is available during evenings and weekends, as needed

Hotline: (612) 822-0127 x112

Toll-free Hotline: (800) 800-0350 x 112

Hotline Hours: 24 hours

Accept collect calls: Yes, during office hours

Website: www.outfront.org

Email: rwkloek@outfront.org

OutFront Minnesota's Anti-Violence Program is committed to providing domestic violence, sexual assault, and hate and bias crimes advocacy and education to the lesbian, gay, bisexual, and transgender (LGBT) community.

Service area: Statewide in Minnesota

Work with: GLBT survivors of domestic and sexual violence and hate/bias crimes, their friends, and families

Services for survivors during incarceration include: Information, resource referrals, and support via the 24-hour crisis line or by mail; short-term individual crisis counseling and support

groups for incarcerated survivors (as allowed by the institution); advocacy services; and accompaniment to court, hospitals, and other related sites.

Services for survivors after release include: All of the above, as well as referrals to other LGBT-friendly service providers, as needed.

Services for loved ones include: All of the above.

Fees: Free

Additional Information: OutFront Minnesota is the only GLBT-specific anti-violence program in Minnesota.

Program for Aid to Victims of Sexual Assault

32 East 1st Street, Suite 200

Duluth, MN 55802

Office: (218) 726-1442

Office Hours: Monday-Friday, 8:30am-4:30pm CST

Local Hotline: (218) 726-1931

Toll-free Hotline: (866) 229-7425

Hotline Hours: 24 hours

Accept collect calls: Yes, on the office phone

Website: www.pavsa.org

Email: pavsa@pavsa.org

Program for Aid to Victims of Sexual Assault (PAVSA) offers comprehensive services to all survivors of sexual abuse in correctional institutions and in the community, as well as to their family and friends.

Service area: Southern St. Louis County

Work with: All survivors of sexual abuse, including men, women, and transgender individuals

Services for survivors during incarceration include: Advocacy; crisis intervention via the 24-hour hotline, by mail, or in-person; hospital accompaniment during forensic medical examinations; legal advocacy and court accompaniment for survivors who report the abuse; individual counseling; and a support group for women at the county jail. Support groups for men may soon be available at the Northeast Regional Correctional Center.

Services for survivors after release include: All of the above, as well as information and referrals.

Services for loved ones include: Crisis intervention, support, and counseling.

Fees: None

Additional Information: To access PAVSA services, prisoners can request to speak with a counselor by notifying prison/jail staff or by contacting PAVSA directly by phone or by mail.

Rape and Abuse Crisis Center of Fargo Moorhead

P.O. Box 2984

Fargo, ND 58108

Office: (701) 293-7273

Office Hours: Monday-Friday, 8am-5pm CST

Toll-free Hotline: (800) 344-7273

Hotline Hours: 24 hours

Accept Collect Calls: No
Website: www.raccfm.com
Email: info@raccfm.com

The Rape and Abuse Crisis Center (RACC) of Fargo-Moorhead is a non-profit agency whose mission is to provide crisis intervention, advocacy, counseling, and education to all persons affected by sexual and domestic violence and to provide prevention programs to create a society free of personal abuse.

Service area: Clay and Wilkin Counties in Minnesota

Work with: Survivors of sexual assault and their family and friends

Services for survivors during incarceration include: Crisis intervention; information; and referrals via the 24-hour hotline.

Services for survivors after release include: All of the above and individual and group counseling.

Services for loved ones include: All of the above.

Fees: Free

Additional information: RACC will provide immediate crisis intervention to any survivor who contacts them. For survivors convicted of sex crimes, RACC will provide appropriate referrals for ongoing support services

Sexual Violence Center

3757 Fremont Avenue North

Minneapolis, MN 55412

Office: (612) 871-5100

Office Hours: Monday-Thursday, 8am-8pm and Friday, 8am-4pm CST

Hotline: (612) 871-5111

Hotline Hours: 24 hours

Accept collect calls: No

Website: www.sexualviolencecenter.org

Sexual Violence Center (SVC) is an independent non-profit organization that provides comprehensive services to survivors of sexual assault and concerned family and friends throughout the Twin Cities metro area.

Service area: Twin Cities metropolitan area, including Minneapolis and eastern Hennepin County suburbs as well as Carver, Scott and Western Hennepin Counties

Work with: Survivors of sexual assault of all genders, ages 12 and above, and their loved ones

Services for survivors during incarceration include: Crisis intervention, information, and support via the 24-hour hotline or by mail and hospital accompaniment and advocacy.

Services for survivors after release include: Individual counseling; support groups for female, male, teen, and GLBT survivors, among others; advocacy and accompaniment to police stations, court proceedings, and other locations where survivors might need help; free legal clinic; and information and referrals to other needed services.

Services for loved ones include: All of the above.

Fees: None

LEGAL RESOURCES

ACLU of Minnesota

450 N. Syndicate Avenue
Suite 325
St. Paul, MN 55104
Office: (651) 645-4097
Website: www.aclu-mn.org
Email: support@aclu-mn.org

The American Civil Liberties Union (ACLU) of Minnesota fights to protect the civil liberties of Minnesotans through litigation, public education, and lobbying related to legislation that impacts civil liberties and civil rights. ACLU of Minnesota works to reform the criminal justice system and make the promise of fair treatment a reality for all people. The ACLU of Minnesota handles various types of prisoner cases, including post-conviction, habeas corpus, and prison conditions, only if they present a Bill of Rights violation. Survivors of sexual abuse in detention can contact the ACLU of Minnesota by mail at the address above. All ACLU of Minnesota services are free.

Lambda Legal: Midwest Regional Office

11 East Adams, Suite 1008
Chicago, IL 60603
Office: (312) 663-4413
Website: www.lambdalegal.org
E-mail: legalhelpdesk@lambdalegal.org

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people, and those with HIV through impact litigation, education and public policy work.

The Midwest Regional Office provides services for those who are located in Illinois, Indiana, Iowa, Michigan, Minnesota, Missouri, North Dakota, Ohio, South Dakota, and Wisconsin and accepts Help Desk calls at any time during business hours (M-F 9:30 a.m. - 5:30 p.m. Central Standard Time).

If Help Desk staff are busy helping other callers, your call will be routed to the Legal Help Desk voicemail. Please leave the following information: name, state, contact info, best time to reach you, and a brief message outlining your legal inquiry. A Help Desk staff person will return your call.

It is usually most efficient for Help Desk callers to contact Lambda Legal by phone. If you are in a place where you are not able to make long distance calls, Lambda Legal can make an appointment to call you. If you are absolutely unable to call, you may e-mail Lambda at legalhelpdesk@lambdalegal.org or write to the addresses above.

Minnesota State Bar Lawyer Referral System

600 Nicolett Mall #380

Minneapolis, MN 55402
Toll-free: (800) 292-4152
Website: www.mnfindalawyer.com

The Minnesota State Bar Association (MSBA) Lawyer Referral System operates mnfindalawyer.com, a free online lawyer search and referral service. Its purpose is to assist in finding a lawyer to provide advice on legal problems. All members of the Lawyer Referral System are licensed attorneys in Minnesota and are members in good standing of the Minnesota State Bar. Lawyers who are part of the mnfindalawyer.com program agree to provide a free 30-minute initial consultation, either by phone or in person. If your problem requires work beyond this time, and you decide to hire the lawyer, be sure to discuss any additional fees. An attorney bases his/her fee on the time and type of work involved, the difficulty in solving the problem and your needs as the client. LRS encourages you to ask for a written fee agreement before you proceed with any legal work beyond the first 30-minute consultation. All Lawyer Referral Services are free.

GOVERNMENT RESOURCES

Minnesota Department of Corrections, Office of Special Investigations

1450 Energy Park Drive, Suite 200
St. Paul, MN 55108-5219
Office: (651) 642-0419

The mission of the Office of Special Investigations (OSI) is to provide the Minnesota Department of Corrections (DOC) with a variety of coordinated investigative services. Allegations of serious misconduct by DOC employees are investigated by the OSI to determine whether the allegations are substantiated. The goal of these services is to aid in accomplishing the department's primary purpose – protection of the public. It is the responsibility of the department to manage its correctional facilities and community programs in an environment that respects and enforces lawful conduct by visitors, offenders, and staff. Criminal activity by institution visitors or offenders is vigorously investigated. Prisoners who have been sexually assaulted in a Minnesota DOC facility can contact the Office of Special Investigations by writing to the address above to report the assault and any concerns regarding the handling of investigations into such abuse.

JDI has directly contacted each organization listed in the Resource Guide in hopes of pointing survivors toward those currently accepting new clients. However, the inclusion of any group or individual in the Resource Guide does not necessarily constitute an endorsement or recommendation by JDI, nor can JDI guarantee the availability of the services described here.