



## KENTUCKY RESOURCE GUIDE

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### COUNSELING AND OTHER SUPPORT SERVICES

#### **Advocacy and Support Center**

890 Rineyville Road  
Elizabethtown, KY 42701  
Office: (270) 234-0577  
Office Hours: Monday-Friday, 8:30am-5pm EST  
Hotline: (270) 234-9236  
Toll-free Hotline: (877) 672-2124  
Hotline Hours: 24 hours  
Accept Collect Calls: No  
Website: [www.advocacysupportcenter.org](http://www.advocacysupportcenter.org)  
Email: [info@advocacysupportcenter.com](mailto:info@advocacysupportcenter.com)

The Advocacy and Support Center (ASC) is a nonprofit organization that provides a variety of services to survivors of sexual assault and abuse through the Rape Crisis Center and Children's Advocacy Center in the Lincoln Trail District.

**Service area:** Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington Counties

**Work with:** Child, teen, and adult survivors of sexual trauma and their loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment and advocacy during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

**Services for survivors after release include:** All of the above, as well as short-term therapy.

**Services for loved ones include:** All of the above.

**Fees:** Free

#### **AIDS Volunteers, Inc.**

225 Walton Avenue, Suite 110  
Lexington, KY 40502  
Office: (859) 225-3000  
Toll-free Office: (877) 225-9245

Office Hours: Monday-Friday, 9am-5pm CST  
Accept Collect Calls: No  
Website: [www.avolky.org](http://www.avolky.org)  
Email: [info@avolky.org](mailto:info@avolky.org)

AIDS Volunteers, Inc. (AVOL) is a non-profit organization that provides services to those living with and affected by HIV/AIDS, as well as HIV prevention education and outreach to 72 counties in central, eastern, and southeastern Kentucky.

**Service area:** 72 counties throughout central, eastern, and southeastern Kentucky

**Work with:** People living with HIV/AIDS who meet income eligibility requirements and those in need of testing

**Services for survivors during incarceration include:** Information and referrals by phone and mail. AVOL occasionally provides HIV testing in local jails.

**Services for survivors after release include:** Anonymous HIV testing and counseling and a range of emergency assistance for people who are HIV+, including housing facilities (must meet eligibility requirements); financial assistance with rent, utilities, food, transportation, prescription co-pays, personal, and household items; support groups; and referrals for substance abuse treatment and other needed services.

**Services for loved ones include:** Anonymous HIV testing; information; and referrals.

**Fees:** Free

**Additional Information:** AVOL clients are typically referred by the Bluegrass Care Clinic at the University of Kentucky. To set up an appointment, contact the Bluegrass Care Clinic between 8 a.m. and 5 p.m., Monday through Friday, by calling 800-333-8874 or 859-323-5544 Menu Option 1. The clinic is located on South Limestone at the University of Kentucky on the 5th Floor of the Kentucky Clinic - Wing D.

### **Bluegrass Rape Crisis Center**

P.O. Box 1603

Lexington, KY 40588

Office: (859) 253-2615

Office Hours: Monday-Friday, 9am-5pm EST

Hotline: (859) 253-2511

Toll-free Hotline: (800) 656-4673

Hotline Hours: 24 hours

Accept Collect Calls: Yes, via the hotline

Website: [www.bluegrassrapecrisis.org](http://www.bluegrassrapecrisis.org)

Email: [Rhonda.Henry@bluegrassrapecrisis.org](mailto:Rhonda.Henry@bluegrassrapecrisis.org)

The Bluegrass Rape Crisis Center (BRCC) strives to eradicate sexual assault and abuse by promoting individual and community empowerment through education, training, and therapeutic healing. BRCC also provides comprehensive services to rape survivors and rape awareness prevention education to the entire community of the Bluegrass Region.

**Service area:** Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, and Woodford Counties

**Work with:** Survivors of rape and sexual assault and their loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

**Services for survivors after release include:** All of the above, as well as long-term psychotherapy and support groups.

**Services for loved ones include:** All of the above.

**Fees:** Free

**Additional Information:** BRCC also has offices in Cynthiana, Danville, Frankfort, Georgetown, Nicholasville, Richmond, and Winchester.

### **The Center for Women and Families**

P.O. Box 2048

Louisville, KY 40201

Office: (502) 581-7200

Office Hours: Monday-Friday, 9am-5pm EST

Hotline: (502) 581-7222

Toll-free Hotline: (877) 803-7577

Hotline Hours: 24 hours

Website: [www.thecenteronline.org](http://www.thecenteronline.org)

The Center for Women and Families is a non-profit organization that serves and advocates for women and families affected by domestic violence, sexual assault, and economic hardship in a 14 county area in Kentucky and Southern Indiana.

**Service area:** Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, and Trimble Counties in Kentucky

**Work with:** Survivors of sexual assault and their loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

**Services for survivors after release include:** All of the above, as well as individual counseling; emergency shelter; support groups; walk-in crisis counseling; and economic success programming.

**Services for loved ones include:** All of the above.

**Fees:** Free

### **Cumberland River Rape Victim Services**

P.O. Box 568

Corbin, KY 40702

Office: (606) 528-5286

Office Hours: Monday-Friday, 8am-4:30pm EST

Toll-free Hotline: (800) 656-4673

Hotline Hours: 24 hours

Accept Collect Calls: Yes

Website: [www.crrvs.org](http://www.crrvs.org)

Email: [corbin@crccc.net](mailto:corbin@crccc.net)

A program of Cumberland River Comprehensive Care Center, Inc., Cumberland River Rape Victim Services provides crisis and ongoing counseling to survivors of sexual assault in Southeast Kentucky.

**Service area:** Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley Counties

**Work with:** Survivors of sexual assault and their loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment and advocacy during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

**Services for survivors after release include:** All of the above, as well as individual, group, and couples counseling and support groups for male and female survivors of sexual assault.

**Services for loved ones include:** All of the above and family counseling.

**Fees:** Free

### **Gay and Lesbian Service Organization Pride Center**

P.O. Box 1172

Lexington, KY 40588

Office: (859) 253-3233

Office Hours: Monday-Friday, 10am-3pm EST

Accept Collect Calls: No

Website: [www.glso.org](http://www.glso.org)

Email: [lexingtonglso@yahoo.com](mailto:lexingtonglso@yahoo.com)

The Gay and Lesbian Service Organization Pride Center is a community space and resource center primarily used by lesbian, gay, bisexual, and transgender people in the Central Kentucky area.

**Service area:** Central Kentucky

**Work with:** Primarily lesbian, gay, bisexual, and transgender (LGBT) people

**Services for survivors during incarceration include:** Information and referrals to LGBT-friendly community services, such as doctors, attorneys, and other businesses via phone and by mail.

**Services for survivors after release include:** All of the above, as well as HIV testing on the first Tuesday of the month; a discussion group; the Gay Straight Alliance group for youth ages 14 to 20; book clubs; film screenings; transgender support group; in-house library; annual Pride festival; and more.

**Services for loved ones include:** All of the above.

**Fees:** Free

### **Heartland CARES, Inc.**

619 N. 30<sup>th</sup> St.

Paducah, KY 42001

Office: (270) 444-8183

Toll-free Office: (877) 444-8183

Office Hours: Monday-Friday, 8am-5pm CST  
Accept Collect Calls: No  
Website: [www.hcares.org](http://www.hcares.org)  
Email: [kwood@hcares.org](mailto:kwood@hcares.org)

Heartland CARES, Inc. is a non-profit organization that provides comprehensive, client-centered, quality health care, support services, prevention education, and HIV testing. Primary care is provided to persons living with HIV/AIDS, support services are provided to clients and their families, and prevention education and testing are provided to clients, their families, and the community at large. Heartland CARES provides services to residents throughout Southwest Kentucky, and in parts of Illinois, Tennessee, and Missouri.

**Service area:** A 200 mile radius in Southwest Kentucky

**Work with:** People living with HIV/AIDS, their families, and the community at large

**Services for survivors during incarceration include:** Support, information, and referrals via phone and by mail.

**Services for survivors after release include:** Confidential or anonymous HIV testing and counseling, as well as a range of services for people who are HIV positive including primary medical care and treatment; case management; individual counseling and group support; assistance with enrollment in public and private insurance programs and accessing a variety of benefit programs and emergency funds; housing assistance; substance use counseling services; substance use peer support groups; nutritional counseling and Medical Nutrition Therapy (MNT); information; and referrals for legal assistance, oral and optical health care, and other services.

**Services for loved ones include:** Confidential or anonymous HIV testing and counseling; support; information; and referrals.

**Fees:** Services are provided on a sliding fee scale. No one is turned away based on their ability to pay.

### **Hope Harbor**

913 Broadway Avenue  
Bowling Green, KY 42101  
Office: (270) 782-5014  
Office Hours: Monday-Friday, 8am-5pm CST  
Hotline: (270) 846-1100  
Toll-free Hotline: (800) 646-4673  
Hotline Hours: 24 hours  
Accept Collect Calls: No  
Website: [www.hopeharbor.net](http://www.hopeharbor.net)  
Email: [hopeharbor@hopeharbor.net](mailto:hopeharbor@hopeharbor.net)

Hope Harbor is a non-profit crisis counseling center that provides nonjudgmental and confidential support services to survivors of sexual assault and their families and friends in Bowling Green and the surrounding counties.

**Service area:** Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, and Warren Counties

**Work with:** Survivors of sexual assault and abuse and their non-offending friends and family

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; in-person counseling, by arrangement; information; and referrals.

**Services for survivors after release include:** All of the above, as well as periodic support groups for adults molested as children and sexual assault survivors.

**Services for loved ones include:** Crisis intervention; counseling; information; and referrals.

**Fees:** Free

**Additional Information:** The main Hope Harbor office is in Bowling Green with satellite offices for additional counseling services in Franklin and Glasgow.

### **Kentucky Association of Sexual Assault Programs**

P.O. Box 4028

Frankfort, KY 40604

Office: (502) 226-2704

Toll-free Office: (866) 375-2727

Office Hours: Monday-Friday, 8:30am-5pm EST

Accept Collect Calls: Yes

Website: [www.kasap.org](http://www.kasap.org)

Email: [execadmin@kasap.org](mailto:execadmin@kasap.org)

The Kentucky Association of Sexual Assault Programs (KASAP) is the statewide coalition of the 13 rape crisis centers in the commonwealth. The mission of KASAP is to speak with a unified voice against sexual victimization. In support of this mission, KASAP provides technical assistance, facilitates collaboration, promotes public awareness, and develops, promotes, and monitors public policy.

**Service area:** Kentucky

**Work with:** Survivors of sexual assault and their loved ones, sexual assault programs, and allied professional groups

**Services for survivors during incarceration include:** Information and referrals to the nearest rape crisis center via phone and by mail and a directory of affiliated rape crisis centers on the KASAP website.

**Services for survivors after release include:** All of the above.

**Services for loved ones include:** All of the above.

**Fees:** Free

### **Kentucky River Community Care, Inc. Rape Crisis Center**

465 Cedar St.

Hazard, KY 41701

Office: (606) 435-0849

Office Hours: Monday-Friday, 8am-4:30pm EST

Toll-free Hotline: (800) 375-7273

Hotline Hours: 24 hours  
Accept Collect Calls: No  
Website: [www.krcnet.com](http://www.krcnet.com)

The Rape Crisis Center is a program of Kentucky River Community Care, Inc. and provides support services to survivors of all forms of sexual violence, including sexual assault, abuse, and harassment.

**Service area:** Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe Counties  
**Work with:** Survivors of sexual assault, abuse, and harassment and their loved ones  
**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals. Education and awareness programs and in-person crisis counseling are also offered at the local juvenile and adult detention centers for men and women.  
**Services for survivors after release include:** All of the above and individual counseling.  
**Services for loved ones include:** All of the above.  
**Fees:** Free  
**Additional Information:** Counseling services are provided at multiple locations throughout the Kentucky River Region.

#### **Pathways Inc. Rape Victim Services**

P.O. Box 790  
Ashland, KY 41105-0790  
Office/TDD: (606) 324-1141  
Office Hours: Monday-Friday, 8:30am-5pm EST  
Toll-free Hotline in Kentucky: (800) 562-8909  
Hotline Hours: 24 hours  
Accept Collect Calls: No  
Website: [www.pathways-ky.org](http://www.pathways-ky.org)

Since 1967, Pathways, Inc. has proudly served as a community-based center for mental health care, the prevention and treatment of alcohol and other addictions, and services for individuals with mental retardation or developmental disabilities. The Rape Victim Services Program provides comprehensive services for survivors of rape, attempted rape, and sexual abuse.

**Service area:** Bath, Boyd, Carter, Greenup, Lawrence, Rowan, Elliott, Montgomery, Morgan, and Menifee Counties  
**Work with:** Survivors of rape, attempted rape, and sexual abuse and their loved ones  
**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals. No services are provided at the site of incarceration.  
**Services for survivors after release include:** All of the above, case management, and individual, family, and group therapy.  
**Services for loved ones include:** All of the above.

**Fees:** All crisis services are free. Payment for all other services is discussed during the admission process. Administrative office staff will work to see that people receive needed services and may help develop payment plans and process claims.

**Additional Information:** Pathways, Inc. also offers a complete selection of mental health care services for individuals with emotional, mental or behavioral health problems; a range of support services for people with development disabilities and their families; and services for the prevention, intervention, and treatment of alcohol and other drug abuse problems.

**Sanctuary, Inc.**

P.O. Box 1165

Hopkinsville, KY 42241

Office: (270) 885-4572

Office Hours: Monday-Friday, 8am-4pm CST

Toll-free Hotline: (800) 766-0000

Hotline Hours: 24 hours

Accept Collect Calls: No

Website: [www.sanctuaryinc.net](http://www.sanctuaryinc.net)

Email: [dvrcc@hesenergy.net](mailto:dvrcc@hesenergy.net)

Sanctuary, Inc. is a non-profit agency committed to the provision of preventative and restorative services to survivors of sexual assault and domestic violence in the nine-county area of the Pennyrile Area Development District.

**Service area:** Christian, Caldwell, Crittenden, Hopkins, Livingston, Lyon, Muhlenburg, Todd, and Trigg Counties

**Work with:** Survivors of rape, sexual assault, and domestic violence and their loved ones

**Services for survivors during incarceration include:** Crisis intervention via the 24-hour hotline and by mail; hospital accompaniment and advocacy during forensic exams; legal advocacy and court accompaniment for sexual assault cases; information; and referrals.

**Services for survivors after release include:** All of the above, as well as individual and group counseling for adults and children and emergency and transitional housing for women and children. The women and children who live in the Sanctuary shelter or receive non-residential services participate in case management, support groups, individual counseling, and programming designed to build self-esteem and teach new coping, enrichment, and safety strategies.

**Services for loved ones include:** Crisis intervention; individual and group counseling; information; and referrals.

**Fees:** Free

**Additional Information:** A range of services are also offered for any child whose parent is a resident of Sanctuary Inc. or receives non-residential services from Sanctuary, Inc. and any child who is a witness to or survivor of sexual assault or domestic violence. These services include individual, group, and family counseling; a children's support group; parents' support groups; recreation activities; advocacy and follow-up assistance; a summer camp program; and referrals to other service providers.

## LEGAL RESOURCES

### **ACLU of Kentucky**

315 Guthrie Street, Suite 300

Louisville, KY 40202

Office: (502) 581-1181

Website: [www.aclu-ky.org](http://www.aclu-ky.org)

E-mail: [info@aclu-ky.org](mailto:info@aclu-ky.org)

Request Form: [http://aclu-ky.org/images/stories/PDFs/legal\\_assistance\\_request\\_form.pdf](http://aclu-ky.org/images/stories/PDFs/legal_assistance_request_form.pdf)

The ACLU of Kentucky works to defend the individual rights and liberties guaranteed to all people by the Constitution of the United States and the Commonwealth of Kentucky. The ACLU of Kentucky offers legal assistance for cases involving civil liberties violations in which government is involved, including prison and jail conditions matters. To request assistance, fill-out and return the Legal Assistance Request Form (link above) or send a letter to the address above.

### **Lambda Legal: Southern Regional Office**

730 Peachtree Street, NE, Suite 1070

Atlanta, GA 30308

Phone: (404) 897-1880

Website: [www.lambdalegal.org](http://www.lambdalegal.org)

E-mail: [legalhelpdesk@lambdalegal.org](mailto:legalhelpdesk@lambdalegal.org)

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people, and those with HIV through impact litigation, education and public policy work. Southern Regional Office provides services for those who are located in Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee, Virginia, and West Virginia.

Help Desk Hours (Eastern Standard Time):

Mondays: 2-4pm

Wednesdays: 2-4pm

Thursdays: 10am-12pm

If Help Desk staff are busy helping other callers, your call will be routed to the Legal Help Desk voicemail. Please leave the following information: name, state, contact info, best time to reach you, and a brief message outlining your legal inquiry. A Help Desk staff person will return your call.

It is usually most efficient for Help Desk callers to contact Lambda Legal by phone. If you are in a place where you are not able to make long distance calls, they can make an appointment to call you. If you are absolutely unable to call, you may e-mail Lambda Legal at [legalhelpdesk@lambdalegal.org](mailto:legalhelpdesk@lambdalegal.org) or write to the addresses above.

## **GOVERNMENT RESOURCES**

### **The Criminal Investigations Section, Office of the Inspector General**

61 Wilkinson Blvd.

Frankfort, KY 40601

Office: (502) 564-1985 x108

Fax: (502) 564-0873

The Office of the Inspector General, Criminal Investigations Section is responsible for conducting cabinet-related criminal investigations. This section coordinates with external agencies involved in the investigation and prosecution of environmental and other crimes. Inmates who have been sexually assaulted can contact the Criminal Investigations Section to report the assault and any concerns regarding the handling of investigations into such abuse.

*JDI has directly contacted each organization listed in the Resource Guide in hopes of pointing survivors toward those currently accepting new clients. However, the inclusion of any group or individual in the Resource Guide does not necessarily constitute an endorsement or recommendation by JDI, nor can JDI guarantee the availability of the services described here.*